



# Lions' Den



Volume 17, Issue 52  
October 18, 2024

Center for Learning, Inc.



## INSIDE THIS ISSUE:

Red Ribbon Week	1
Parent Reminders & Events	2
Kidz Korner	2
Celebrations & Events	2
Weekly Menu	2

Visit us on the web at:  
[www.cflinc.net](http://www.cflinc.net)



"The center for an excellent  
educational experience"

Weekly Quote:

DON'T DECIDE  
THAT **YOU**  
CAN'T  
BEFORE YOU  
**DISCOVER**  
THAT YOU  
**CAN**

Send in your weekly quote to be  
printed in the Lion's Den!\*\*

## Red Ribbon Week 2024 Fall Spirit Week

Theme: Life is a Movie, Film Drug Free  
Week of October 21-25, 2024

Monday: **MARVEL** Monday  
Wear your favorite Marvel Gear

Tuesday: **Ohana** Day  
Dress in your Hawaiian Gear

Wednesday: **Disney** Wednesday  
Wear a Disney themed shirt and head gear

Thursday: **Disney · PIXAR MONSTERS UNIVERSITY** Thursday  
Wear College Gear!

Friday: Say Boo to drugs!  
Wear your favorite costume!  
2 xl bags of Candy

**FALL  
FESTIVAL**

# PARENTS REMINDERS & EVENTS



## Fall Ball ~ "Tutu's & Tuxedo's"

Saturday, November 16, 2024 4:00 pm - 9:00 pm  
Brookland Baptist Banquet & Conference Center

The deadline to submit ads and sponsors has been extended to **Friday, November 1, 2024**. Tickets and VIP tables can be purchased through **Monday, November 4, 2024**. Everyone needs a ticket to attend our event the cost per ticket is \$50.00.



## Kidz Korner

Wake up your brain with this **"BRAINTEASER!"** *Funny yet Corny Christmas Riddles!*

**Question: Where is the ocean the deepest?**

**Last week's answer: Seven**

## Celebrations/Events/Fields Trips

Date	Event
10/21-25	Red Ribbon Week
10/22	Royal Z Lanes K-4
10/23	McLeod Farms K-5
10/24	Adventure and Wendy's K-2
10/25	Fall Festival

\*\*All field trips and guest speakers are subject to change!\*\*



## Dining at the Den Weekly Menu

October 21-25, 2024



### MONDAY

#### Lunch

Baked Beans w/Franks  
Rice  
Corn-on -Cob  
Fresh Fruit  
Milk

#### Snack

Oatmeal Cookies  
Milk



### TUESDAY

#### Lunch

BBQ Chicken  
Steamed Cabbage  
Sliced Apples  
Rolls  
Milk

#### Snack

Potato Chips  
Fruit Punch

### WEDNESDAY

#### Lunch

Beef Stew  
Rice & Gravy  
Green Beans  
Peaches  
Milk

#### Snack

Chocolate Chip Cookies  
Milk



### THURSDAY

#### Lunch

Baked Chicken Nuggets  
Redskin Potatoes  
Mixed Fruit  
Milk

#### Snack

Ritz Crackers  
w/String Cheese  
Fruit Punch

### FRIDAY

#### Lunch

Chicken Tenders  
Corn dogs  
Fries  
Apple Slices  
Milk

#### Snack

Funnel Cakes  
Nachos  
Milk





# October 2024 Menu



Sept.30-Oct.4, 2024

<p><b><u>Lunch</u></b> Grilled Turkey &amp; Cheese Potato Chips Sliced Carrots &amp; Celery w/Ranch Dip Milk</p> <p><b><u>Snack</u></b> Lorna Doone Cookies Milk</p>	<p><b><u>Lunch</u></b> Popcorn Chicken Mozzarella Sticks Pears Milk</p> <p><b><u>Snack</u></b> Rice Krispy Treats Milk</p>	<p><b><u>Lunch</u></b> Buttery Grits Sausage Biscuits Slice Orange Wedges Milk</p> <p><b><u>Snack</u></b> Apple Slices w/Graham Crackers Lemonade</p>	<p><b><u>Lunch</u></b> Chicken Alfredo Broccoli Garlic Bread Pears Milk</p> <p><b><u>Snack</u></b> Oatmeal Cakes Milk</p>	<p><b><u>Lunch</u></b> Baked Fish Sticks French Fries Pineapple Rings Milk</p> <p><b><u>Snack</u></b> Vanilla Wafers Milk</p>
--	--	---	---	---

October 7-11, 2024

<p><b><u>Lunch</u></b> Chicken Tenders Waffles Hashbrowns Apple Slices Milk</p> <p><b><u>Snack</u></b> Crackers/ Sliced Turkey Milk</p>	<p><b><u>Lunch</u></b> Spaghetti Corn Cinnamon Rolls Fruit Cocktail Milk</p> <p><b><u>Snack</u></b> Sliced Apples w/Caramel Dip Fruit Punch</p>	<p><b><u>Lunch</u></b> Pizza Tossed Salad Sliced Oranges Milk</p> <p><b><u>Snack</u></b> Butter Cookies w/Bananas Milk</p>	<p><b><u>Lunch</u></b> Chicken Stir Fry Brown Rice Corn-on-Cob Pears Milk</p> <p><b><u>Snack</u></b> Oreo Cookies Milk</p>	<p><b><u>Lunch</u></b> Turkey Cheeseburgers Seasoned Fries Mixed Fruit Milk</p> <p><b><u>Snack</u></b> Graham Crackers/ Strawberry Cream Cheese Milk</p>
---	---	--	--	--

October 14-18, 2024

<p><b><u>Lunch</u></b> Golden Fried Chicken Macaroni &amp; Cheese Green Beans Corn Muffins Pears Milk</p> <p><b><u>Snack</u></b> Goldfish Crackers Lemonade</p>	<p><b><u>Lunch</u></b> Sloppy Joes French Fries Mandarin Oranges Milk</p> <p><b><u>Snack</u></b> Corn Chips Fruit Punch</p>	<p><b><u>Lunch</u></b> Smothered Hamburgers Mashed Potatoes Fresh Apples Milk</p> <p><b><u>Snack</u></b> Super Donuts Pink Lemonade</p>	<p><i>Fall Break</i>  <i>School Closed</i>  <i>All Divisions</i></p>	<p><i>Fall Break</i>  <i>School Closed</i>  <i>All Divisions</i></p>
---	---	---	--	--

October 21-25, 2024

<p><b><u>Lunch</u></b> Baked Beans w/Franks Rice Corn-on-Cob Fresh Fruit Milk</p> <p><b><u>Snack</u></b> Oatmeal Cookies Milk</p>	<p><b><u>Lunch</u></b> BBQ Chicken Steamed Cabbage Sliced Apples Rolls Milk</p> <p><b><u>Snack</u></b> Potato Chips Fruit Punch</p>	<p><b><u>Lunch</u></b> Beef Stew Rice &amp; Gravy Green Beans Peaches Milk</p> <p><b><u>Snack</u></b> Chocolate Chip Cookies Milk</p>	<p><b><u>Lunch</u></b> Baked Chicken Nuggets Redskin Potatoes Mixed Fruit Milk</p> <p><b><u>Snack</u></b> Ritz Crackers w/String Cheese Fruit Punch</p>	<p><b><u>Lunch</u></b> Chicken Tenders Corn dogs Fries Apple Slices Milk</p> <p><b><u>Snack</u></b> Funnel Cakes Nachos Milk</p>
---	---	---	---	--